

CAN
CANUCKS AUTISM NETWORK



I CAN go to a Hockey Game



Q Centre

This is the **Q Centre**.

The **Victoria Grizzlies**
play hockey games here.

Line Up and Tickets

First, enter through the west entrance.

Then, look for the ticket table inside.





Find Seating

Once you are inside:

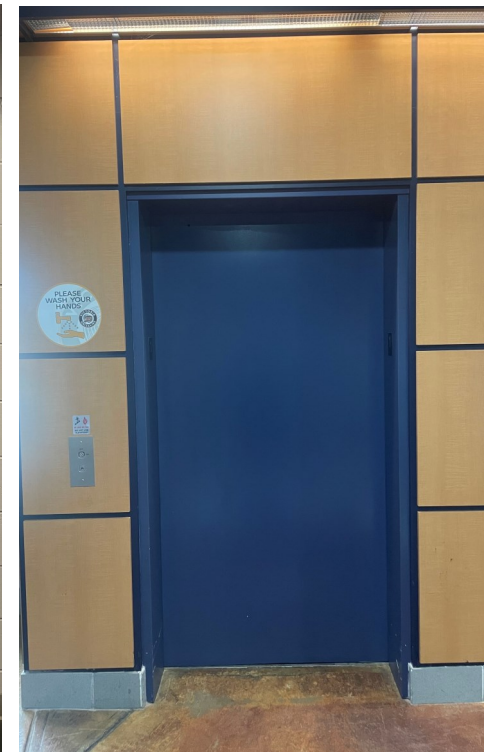
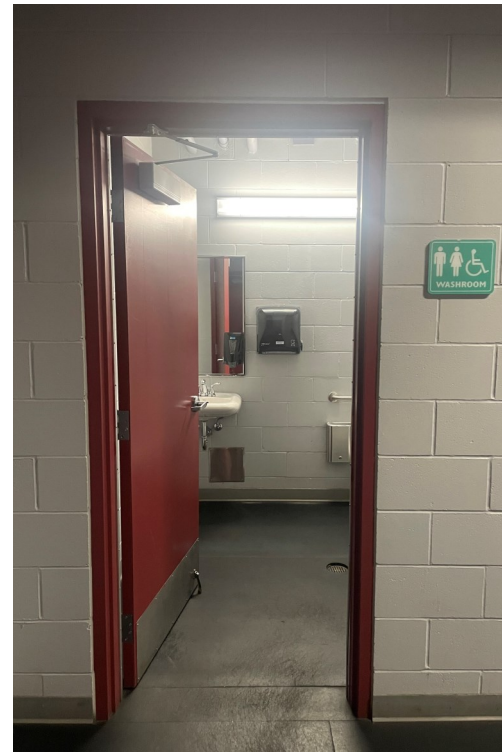
First, get your ticket.

Then, find your seat.

Accessibility

The arena has **accessible** seating, washrooms and elevators.






If you require any **assistance**, a staff member will be happy to help!





CAN Resource Kits

The **CAN Resource Kit** contains:

-  Noise cancelling headphones
-  Sunglasses
-  Sensory toys
-  Game schedule
-  Visual walkthrough



Resource kits available to borrow
at the **Souvenir Shop!**

Before the Game

First, sit down in your seat and listen to the announcer.

Then, the announcer will ask the crowd to stand up and sing O Canada. You can sing along if you know the words!

Remember, if it is too loud you can put on headphones!



Watch the Game

After O Canada, **the game will start.**

You can cheer **“Go Grizzlies Go!”**

When not cheering, use your indoor voice and keep your hands and feet to yourselves.

If you need a **break**, you can leave find a **quiet space**.





GOAL!

When the Grizzlies score a **goal**, there will be **loud** sounds and **cheering**.

If it is too loud, you can cover your ears or put **headphones** on.

If the other team scores, you can say “too bad” and keep cheering for the **Grizzlies!**



Intermission

There will be **two** breaks during the game called “**intermission.**”

You can go to the **bathroom** or to **concession.** There might be lines.

You can also stay in your seat. Sometimes there are fun **activities** to watch!





Watch the Game

There are **three periods** and **two intermissions** in the game.

If the game is tied, they will play **overtime** until one team scores.

If no one scores in overtime, they will play a **shootout** to determine the winner!

After the Game

When the **game is over**, everyone will start to leave.

It might be busy and crowded.

You can wait in your seat until there is a smaller crowd.

Make sure you **leave with the same people you came with!**





Thank you for coming to the Grizzlies game!
We hope to see you again soon!